



Pregnancy Program

- Partners' Pregnancy Program
- Pregnancy Management Program
- Care Management for High-Risk Pregnancy (CMHRP) Program
- Partners Care Management resources and supports



Partners' Pregnancy Program

- Partners is committed to supporting our members at every stage of life.
- Our pregnancy program offers help to members who are pregnant.
- People who identify their pregnancies early and receive appropriate health care are less likely to have serious complications and healthier outcomes.
- Through care management and support, this program ensures expecting members receive the best possible care.



Partners' Pregnancy Program

- Who is eligible for the Pregnancy Program?
- Any member of Partners who is pregnant may participate in at least part of the program. Care managers can help them learn more.
- The Partners' Pregnancy Program has multiple parts:
 - Pregnancy Management Program
 - Care Management for High-Risk Pregnancy (CMHRP)
 - Resources and support from the Partners Care Management Team

Partners' Pregnancy Program

Pregnancy Management Program

- Provides a coordinated set of high-quality clinical maternity services to all members who are pregnant and are enrolled in Tailored Plan managed care.
- Includes a screening to identify members who may be at-risk for adverse birth outcomes.
- If a person is pregnant or thinks they might be pregnant, it is important to see a healthcare provider as soon as possible.
- Care managers can help schedule an appointment with a provider.



Partners' Pregnancy Program

CMHRP

- CMHRP is a program available through Local Health Departments for people with high-risk pregnancy.
- High risk pregnancy is when a person who is pregnant and their fetus have a higher chance of experiencing problems than normal.
- Members may be referred by their doctor, community agencies (e.g., WIC, DSS), or care manager.
- Members can also refer themselves by contacting their Local Health Department.

<https://medicaid.ncdhhs.gov/care-management/care-management-high-risk-pregnancies-cmhrp>



Partners' Pregnancy Program

Partners Care Management

- Support for pregnancy-related decision-making
- Referrals through NCCARE360 and/or HOP
- Resources to manage mental health conditions, substance use disorders, or I/DD while pregnant
- Resources to learn positive coping skills
- Nurse-supported medication education
- Pyx Health App
- Pregnancy education materials



Partners' Pregnancy Program

- How to join the Partners' Pregnancy Program:
 - Providers, care managers or caregivers can refer members to the program.
 - Members may also self-refer.
 - You can also email referrals or questions about the program to:
PopulationHealthPrograms@PartnersBHM.org
- Providers can support Partners' Pregnancy Program by:
 - Educating Partners pregnant members at PCP and specialty doctor visits on the resources offered.
 - Referring members to CMHRP.
 - Encouraging members to reach out to their Care Managers for more information.



In Conclusion...

- Partners wants to help our members have healthy pregnancies.
- Care managers can connect members who are pregnant with programs and supports.
- If you know a member who is pregnant or are trying to become pregnant, encourage them to call or message their care manager.

